FIRST AID TRAINING

QUALSAFE AWARDS
REGISTERED CENTRE
Centre No.: 0906394

QA Level 2 Award in

Activity First Aid (QCF)



2 day course

Ofqual regulated

Certificate valid for 3 years

Be Prepared

Would you know how to provide effective first aid in an emergency?

The **QA Level 2 Award in Activity First Aid (QCF)** is a regulated and nationally recognised qualification designed for those who have a responsibility to provide first aid in outdoor and activity based environments.

Successful candidates will gain the knowledge and skills needed to treat a range of conditions that could occur during any form of activity, from life threatening illnesses to minor injuries.

What's Covered?

- The role and responsibilities of a first aider
- Assessing an incident
- Managing an unresponsive casualty
- CPR and AED use
- Recovery Position
- Heart Attack
- Stroke
- Head, neck and back injuries
- Chest and abdominal injuries
- Fractures
- External bleeding
- Shock
- Burns and scalds
- Choking
- Poisoning
- Anaphylaxis
- Asthma
- Diabetes
- Epilepsy and seizures
- Treatment for hot and cold temperatures
- Minor injuries
- Sprains, strains and dislocations
- Eye injuries

Book Now with AP First Aid Training

Call: 01225 350193

Email: apfirstaidtraining@hotmail.com